



# ...Assisted Living at its Best!



I look forward to my return already.

In June Glenwood Place will be celebrating 10 years of operation! We are planning a great day in the middle of June and we will have much more information and ideas to share in the near future. If you can think of any highlights during over the first ten years let me or the coordinators know and we will try to acknowledge as many as we can at the party.

### Sports fan update

The UNI panthers made national news by beating Kansas, the number one team in the country, in the NCAA basketball tournament. By the time you get this they may be headed to the Final Four in Indianapolis. ISU women's basketball is also playing well and will face the record setting Connecticut Huskies to advance. We also have baseball season starting and my Minnesota Twins finally signed franchise player Joe Mauer to a contract extension. Spring football has also started for college football so stay tuned for updates and progress. The Hawkeye's are rated in the top 10 and have very high expectations while the Cyclone's look to build on their Bowl Game win over Minnesota.

Mike Cummings

## From the office of the Manager...

Spring is near! The snow is nearly gone and the temperature is going up. It will not be long and we will be getting the furniture outside to enjoy the spring weather. We have some fun events planned to welcome in Spring so make sure you check the activities calendar and other announcements.

I have a update on my hip surgery. I will be having my procedure on March 31<sup>st</sup> and will be out of the office for about two weeks while I heal. In my absence Tracy Bell will be responsible for the daily operations with the help of the coordinators. Joy Cox and Kathy Lansing from Senior Housing will also be here on several occasions and will be supporting the team any way they can.

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Easter Blessings from all of us at



## Employee Of The Month—Rose Tough

We want to congratulate our April Employee of the month Rose Tough!! Rose is truly an asset to all of us here at Glenwood Place. Rose really can do it all, from housekeeping, laundry, working third shift to help fill in, helping with events, she is always willing to help when ever and where ever she can! All of us here at Glenwood Place just cant say enough about Rose she is without a doubt one of a million! Thank you Rose for all that you do!

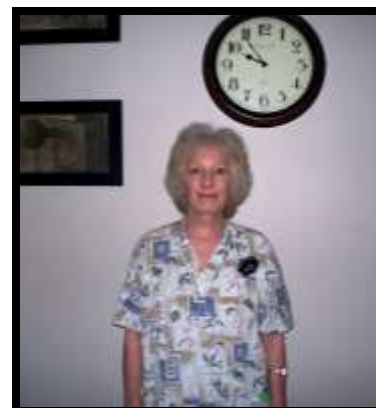
A bit about Rose:

Rose was born on a farm north of Marshalltown. Coming from

a large family she is the seventh of ten children. Rose graduated **from St. Mary's catholic school** here in town. She was employed at Marshalltown Manufacturing for 18 1/2 years, and also as a comfort keeper in a nursing home for a time.

**In Rose's spare time she enjoys** walking, dancing, country music, and most of all spending time with good friends and family. Rose has been here at Glenwood Place for 8 years plus and enjoys the work and the residents.

Rose is honored and thankful to all who voted for her!



*Congratulations  
Rose Tough on being  
voted employee of  
the Month!*

### Resident Birthdays

**4th Darlene Orr**  
**4th Shirley Ziegenbusch**  
**7th Vivian Duncan**  
**29th Doris Jay**  
**30th Jerry Garmon**

**Happy Birthday  
to all of our  
Residents and  
Staff  
celebrating this  
month!**



## Vitals Clinic

Vitals Clinic will be Tuesday April 6th at 9:00 in the Library. Just a reminder - Wear your pendant so that we may check them as well to ensure they are working properly.

*ALSO bring your  
emergency  
packet for us to  
update any  
Information!!*



# From the Chef - Aaron Kendall



**WOW the last month has really flown by!!**

**There has been a lot going on here at Glenwood Place. We have started planning for our 10th anniversary celebration... I can not believe Glenwood Place has been open for 10 years already. We plan to celebrate with a cook out, one of our family members has access to a large smoker and has graciously offered to help with the cooking. We plan to smoke some meat as well as cook some typical picnic food (burgers**

**and brats) with smoke which will give the meat great flavor. Jessica is also working on some fun activities for that day, so everyone mark your calendars for June 19th I am sure it will be a memorable day filled with lots of fun and great food.**

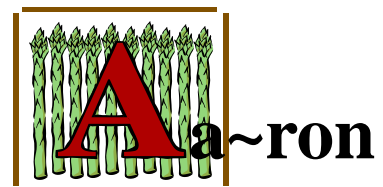
**We also just celebrated International Waffle Day. It was a big hit! We made several different waffle toppings and made waffles all day. The residents really enjoyed them. I would like to give a special thanks to Jessica, Darci, Pam, Sarah, David, and Josh for all of their help making waffle day the success it was.**

**We had several birthdays this month, to include one resident that turned 106 years young on the 19th WAY TO GO MA-**



**BLE, and another resident that turned 100 on the 31st. Congratulations Katherine. There is also another resident turning 100 on the 7th of April, happy birthday Viv. We all wish you many more years of good health and prosperity.**

**The kitchen staff would like to wish Janell a speedy recovery. Janell will be out of the kitchen for a couple weeks. Get well soon!! We will miss you while you are gone.**



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## Mark your Calendars!!!



### Glenwood Place Easter Egg Hunt

Who~ Any child ages 1-7

When~ Friday April 2nd 2:00 pm

Where~ Glenwood Place courtyard



### **Vivian Duncan's**

### 100th Birthday Party!

Vivian Duncan turns 100 on April 7th! Her open house is on Sunday

April 11th from 1:30-3:30

Please plan to attend this event for a great lady!!



### April 22 is Earth Day!

We will be celebrating Earth Day here at Glenwood by planting a tree! We will have a vote on what kind of tree we will plant here. We will plant our tree at 2:00 pm, the tree will be planted around back next to the circle drive. Your help and ideas are needed!!!

# Activity Corner - By Jessica Starn

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Wow the weather sure has improved greatly! I know that we are looking forward to nice days when we are sitting out on the porch! A little bird told me that Jerry will be breaking out the much asked for porch furniture really soon!! Although we all know that April showers bring May flowers. I have seen 2 Robins already this year but I know that more are sure to be **spotted soon "Tiny" Jay told me of 3 that he has already seen!**

We have some fun planned for all this month. We are hosting an egg hunt for all children ages 1-7 in our center courtyard! We are also planning an outing to a Marshall county historical presentation based on Henry and Cap Anson.

We have some fun entertainment lined up as well! We have favorites like Judy Mehlert, Dave Grey, Cliff Hayes, and returning again from Minnesota Nostalgia John. All of these groups are very welcome and

enjoyed. if you have any entertainment suggestions please let me know.

We are going to be voting on what kind of tree Glenwood place should be adding to our grounds for earth day. If you have any suggestions on a easily grown Iowa tree please put them in the suggestion box.

For those of you that have the spring itch, we have some out and about activities that will be available for sign up. We will be making some spring tours (just to check out the country side) and for our lunch group we will be heading out to the Chinese Buffet up town, the buffet, as well as Taylors Maid Rite!

Until Next Month,  
Sunshine and Smiles!  
Jessica Starn



## Nurse's Notes-Tracy Bell RN

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Well it is hard to believe but we have made it through another winter. Overall we had a pretty healthy winter at that. Thanks to good hand washing and use of the hand sanitizer. We did have a bought of upper respiratory infection late in the season in March. I must applaud the staff for working so hard to contain the spread of illness and reporting each indi-

vidual with symptoms to me. I also want to express my great thanks to the residents for their cooperation with being quarantined over the weekend.

As Spring and Summer approach we will watch the grass green up and the flowers bloom. This is always a happy time of year, everything is renewing, and fresh. And then allergy season hits. If you suffer from allergies please stock up on tissues and continue to wash hands frequently. Let me know if I can help you out by contacting your doctor for a decongestant or something to ease the suffering you have.

Please continue to inform either Darci or

myself of your medical appointments so that we can keep track on the calendar and assist you with making transportation arrangements. When you return from an appointment please give any information the doctor gave you to me or one of the staff. Keeping up on these few tasks will help ensure that We are all well prepared for your next appointment.

You are a wonderful group of seniors and I am proud to be your nurse.

Tracy Bell, RN



# St. Patricks day fun at Glenwood Place!!!

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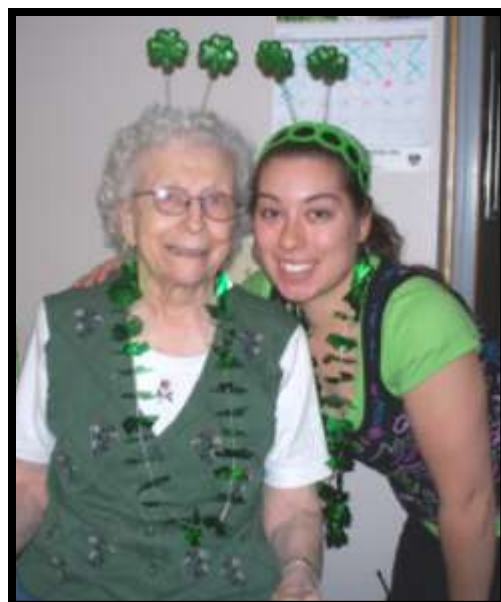
**Nira Loney and  
Melisa Monroe**



**Celeste Persinger  
& Tahchelle Thomas**



**Bill Buchwald &  
“Tiny” Jay**



**Darlene Orr  
&  
Ashlie Faber**



GLENWOOD PLACE RETIREMENT COMMUNITY

South 6th Street  
Marshalltown, IA 50158

Phone: 641-752-8410  
Fax: 641-752-8515  
Www.glenwoodplace.avenet.com

*...Assisted Living at its Best!!*

Check us out on the web:  
[www.glenwoodplace.avenet.net](http://www.glenwoodplace.avenet.net)

Spring Equinox egg balancing  
challenged and conquered by Kitchen  
Cook Josh Lanfier





