



...Assisted Living at its Best!



tion project and it should be coming to an end in mid September. The final pieces are coming together and please continue to have patience as the project is completed. We will notify families of the completion and wrap it up with a ribbon cutting event. It will be great to have the extra room and the opportunities the new dining room will bring.

From the office of the Manager...

It is going on 2 months and I am starting to find my way around the community. Thank you again for all the encouragement and help. I really enjoyed meeting families at the wine and cheese outing. I was proud of the staff that pitched in and made it a very special event.

We have had a lot of progress with the construc-

We have National Assisted Living week coming during the week of September 13th and there are some great activities and events scheduled. Take a look at the activities calendar and remember to welcome Jessica back.

Thank you
Mike Cummings

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We are all so glad to have Mike and his family as a



Employee Of The Month—Laura Babinat

We want to congratulate our September Employee of the month Laura Babinat!! Laura has really proven to be a great asset here at Glenwood. She is always ready to help with anything that she can. She is a wonderful caregiver and is a lot of fun to work with too! Thank you Laura for all that you do and congratulations on winning employee of the month!

From Laura,

First of all I would like to thank all of you. You all mean a lot to me. I am glad that I am back on second shift and I can see

all of you again. You all make life a little brighter!

For those of you who don't know me well I will enlighten you! I am 19 years old and am from Nebraska. I moved to Marshalltown in 2004. I started working at Glenwood Place in October of 2007. I have two naughty dogs and they consume almost all of my spare time! I love watermelon and Twizzlers. The greatest thing that I have ever learned is that smiles are contagious! Thanks again everyone!



CONGRATULATION LAURA BABINAT ON BEING VOTED EMPLOYEE OF THE MONTH. WE ARE PROUD TO HAVE YOU AS PART OF OUR

Resident Birthdays

Nira Loney
September 18th

Happy Birthday
to all of our
Residents and
Staff
celebrating this
month!



Vitals Clinic

Vitals Clinic will be Tuesday September 8th at 9:30 in the Nurses Station. Just a reminder - Wear your pendant so that we may check them as well to ensure they are working properly.

ALSO bring your emergency packet for us to update any information!!



From the Kitchen - By Aaron Kendall



Summer?

Do you mean that time of year when it is so hot that you can fry an egg on the pavement? I have heard of it and might have seen it in the past, but not this year. I have heard the term summer like weather a few times this season but have yet to experience it. I should not complain, it is nice not to have the AC running continuously for 8 to 10 weeks. My AC has not run for more than a few days at a time, maybe 3 or 4 at the most. This has been great for my family and our electric bill. I imagine the state fair was much more comfortable then in the past few years. I hope the weather will not have too much of an adverse effect on the crops this year. I know the corn really likes

the heat and humidity we usually get in August.

Did any of you head up North to see the storm damage in the Eldora area? I was up there just a few minutes after the storm went through. I also watched the news for their coverage, it did not do justice to the scope of the damage. You just can't get the feel for things like that unless you are there to see and feel the **total devastation** for yourself. The fields and trees were stripped to the plant stalks as well as every building and car having large amounts of damage. This might turn out to be a blessing in disguise though, there are lots of construction crews all over the area. This should help both the local economy as well as the construction companies that were having another slow year. God works in mysterious ways at times.

Our construction has been moving steadily forward here at Glenwood Place. The new grease trap for the kitchen is in and

working well. The garage and dining room renovations are continuing to move forward. The sheetrock is up in both places so now we have a pretty good idea of how it will look. It sounds like we will be finished sometime in the next 30 to 60 days. It will be a relief to get things back to normal working conditions. I am looking forward to the new menu and service style we will be able to provide once the construction and renovations are complete.

Did you know...

Peanuts are use in the production of Dynamite?

It takes 3500 calories to make 1 pound of fat?

The average person eats 1500 pounds of food per year?

That is about 35 tons on food in a lifetime?

You are more likely to eat more if you are cold?

A stylized signature 'Aa~ron' where the letter 'A' is large and red, and the rest of the name is in black. The signature is set against a background of several green asparagus spears.

In an attempt to increase our communication and care here at Glenwood Place:

- Residents requiring assistance for shopping needs will have to supply their own cash on an as needed bases or will need to have a family member provide a shopping card to the Glenwood Place designated transportation employee. (Deb Randall)
- We are requesting that the shopping cards don't exceed the amount of \$100.00 to minimize any confusion and provide the best and most accurate summaries to each resident and family.
- The shopping cards will be held by said employee and communicated with the resident or the specified family member on amounts remaining and receipts totaled.
- The shopping cards will be locked up in a designated location.
- Each spent card will be returned with receipts totaling the card amount to the resident or the specified family member.
- A summery is available for most shopping card accounts on line. If you have any other inquiries please coordinate with the designated transportation employee. (Deb Randall)
- Glenwood Place cannot hold cash for any resident.
- This will take effect as of September 1st 2009.
- Any cash still held by Glenwood Place for a resident will be converted to a shopping card as of September 1st
- Thank You for all of your help and flexibility with this matter.

When dining here at Glenwood Place we need a 6 hour notice to ensure that we can provide quality and adequate portions for all residents and family members. Also if you are a resident and dining out for a meal please inform the kitchen that you will be out for that meal.

Thank you for all of your cooperation and understanding, as we want to continue to provide excellence in service from our kitchen and staff for our residents and families!

Activity Corner - By Jessica Starn

It sure is nice to be back in the swing of things here at Glenwood Place! I want to thank all of you for all of your thoughts and prayers. They are all very appreciated. I would also like to give special thanks to those who provided me and my family the delicious lasagna dinner, it was great and fed everyone for days! The cards and well wishes really cheered me up on those slow days! The flowers were beautiful and held up very nicely. Once again thank you and I missed you all so much!

We have a lot of fun planned for September! We will be celebrating National Assisted Living Week from September 14th-

*18th. We will kick off this week with Sunday September 13th, which is Grandparents day! We will have an Ice Cream Social that afternoon at 2:00 we are asking that all families and residents provide a family recipe that day. We are making a Glenwood Place cookbook and are needing a recipe or two from each resident. Any **recipe will do I don't** care if it is a recipe for lye soap! So please help this be a success.*

On Wednesday the 16th we will have Mayor Gene Beach come in and sign a proclamation for Assisted living Week at 2:00. It is always nice to see him ,plus he just got back from an interesting vacation that you must hear

about to believe! Later on the same evening Glenwood Place will host an Open House providing a Soup For the Soul Supper. This is an informative tour for people thinking about whether or not Assisted Living is right for them or their loved ones. So, if you know someone who has been curious this is a great time for them to check us out.

There are plenty of other fun things happening here at Glenwood Place I encourage you to get a calendar and get involved!

*Until Next Month,
Sunshine and Smiles*

Jessica



September



Nurse's Notes-Tracy Bell



Hello! I'm Tracy Bell and started working here at Glenwood Place on August 24th. Prior to starting at Glenwood Place I worked at Marshalltown Medical and Surgical Center for 8 plus years in the Intensive Care Unit. I also have some nursing home experience at Grandview Heights

Nursing Home here in Marshalltown.

When I am not at work I enjoy spending time with my family. I am married to Walt Bell and we have two daughters that keep us both very busy! Our oldest daughter is three years old and her name is Madoline and the younger one's name is Lauren and she is two years old. We have many hobbies and enjoy doing family things together such as golfing, camping, fishing, and traveling. With two young children they really keep us busy and there isn't much time left!(as I m sure many of you already know!)

I am truly look-

ing forward to getting to know all of the residents and learning a new aspect of care giving. This should be a great experience and I am excited to get started!

Thank you all for the wonderful welcome!

Tracy Bell R.N.



Glenwood Place Wine & Cheese Night



**Georgette Eaton & Inez Badger
with family at the party**



**Charming Bennetham & Bill Buch-
wald with Family and friends**



Cooks Corner ladies getting things ready



**Katherine Coulter with daugh-
ter Sharon Grey**



**Jim Bur-
resh and
Kenny
Lewis en-
joying the
chocolate
fountain!**



**Helen and Earl Goecke along with Mike
Fry enjoying the spread of
wines and cheeses**



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...Assisted Living at its Best!!

Check us out on the web:
www.glenwoodplace.avenet.net



**“Just having fun!”
Nadine Welsh and
David Babinat
cutting a rug! This
was a fun day in
Closer care and
the music was
just right!**

GLENWOOD PLACE TEAM!

