
Glenwood Gazette

January
2012



* Glenwood Place * 2907 South Sixth Street Marshalltown IA 50158 * 641-752-8410 *



January 2012

January Birthday's

Be Kendall - 2nd

Marge Abood - 22nd

Mary Hamblin - 27th

Georgette Eaton - 30th

Special Events

12th Cliff Hayes Band

16th Troy Harris

20th David Windchester

24th Sugar & Spice



New Year New Beginnings

Each year offers a chance to begin anew. A chance to re-invent yourself, to start a new exercise program, eat healthier, be nicer, volunteer more, have more patience with loved onesthe list is endless. The truth of it is that each day brings us those same new opportunities. How we choose what kind of person we will be each and every day. I believe that so much of life is in those choices and your attitude. Everyone faces challenges and less than perfect circumstances. Many things are out of our control but you can control how you respond to those challenges.

As we begin the New Year I challenge you to see the good in people, to find the positive in the challenges that you encounter and to choose to learn and grow from the life you are blessed with.

Happy New Year! ---Pamela

*We must be willing
to get rid of the life
we've planned, so as
to have the life that is
waiting for us.
--Joseph Campbell*

A Note from the Nurse:

Give Blood

Every minute of every day, someone needs blood. That blood can only come from a volunteer donor, a person like you who makes the choice to donate. There is no substitute for your donation.



When you make a blood donation, you join a very select group. Currently only 3 out of every 100 people in America donate blood

Who is helped by blood donations?

Patients in your community with different illnesses and disorders, accident and burn victims—essentially, one of every seven patients entering one of our local hospitals can be helped by your red blood cells, platelets, or plasma.

January is national blood donation month. If you are at least 17 years old and in good health and weigh at least 100 pounds you can donate blood and help save several lives.

Have a safe and happy 2012.



Santa stopped in during fitness.

Life Enrichment Message:

Our December at Glenwood Place was full of Holiday Spirit! We enjoyed and appreciated all of our guests. The weather cooperated so we enjoyed looking at the Holiday Lights around town.

As we enter the new year I'm looking forward to continuing to add new activities and entertainment. Please note a few changes on the calendar. Weather permitting we will continue to go out for drives and maybe even a lunch outing.

Everyone enjoys Bingo and to add some excitement to the prizes, I'm in need of help. We would like to take donations of any small items that you may not be using and feel the residents would enjoy. I'm also putting together a wish list of items that we could use for activities. Currently we are in need of kitchen items such as silverware, plates, mixing bowls, cutting board, baking pans any items that you are thinking of discarding please consider us. We appreciate the help.

Please feel free to stop by the activity room any time with any questions or suggestions. Thank you!

Happy 2012!

Kim



Marshalltown Christian School performed their Christmas program.

I hope everyone had a great Christmas!!

Our Christmas Pot Luck went pretty well. We had a slightly larger turnout than last year and ran a little short on seating. It looks like we may need to add onto the dining room again. Thank you to everyone that attended and made it a great time. For those of you that missed the party don't worry we will be having another event soon.

Please remember that we request at least 24 hour notice if you plan to join a friend or family member for a meal. We need a little time to set up seating and to make sure we will have enough of the "Chef's Feature" for everyone to enjoy. If you cannot provide us with notice we may request that you order off the menu or wait until we have most of the dining room served. There is a \$5 charge for a meal if you RSVP at least 24 hours before the meal you plan to attend. There is an \$8 charge if you do not RSVP. This charge can be paid at the time of the meal or charged to the apartment. We will continue not charging for "Special Meals" or events but still request you RSVP. Thank you for your help ensuring we can provide the best service possible to our loved ones.

Normally we have a recipe of the month but this month I am asking for a recipe from you... We are looking for a made from scratch Egg Nog recipe, and a couple recipes to use during Lent. If you have any please let Kim or I know.

Have a great 2012!!!



Cooks Corner made some Fudge for Christmas Day.

A Friend For Life

This is our first installment of the Friend for Life program at Glenwood Place.

Meet Be Kendall and Chris Gunderson! Be came to make Glenwood Place her home in February 2006. She is a retired 1st grade teacher and taught for over 36 years! She and her husband David made their home in Lorenz, Iowa where they raised 3 children. Her hobbies are crocheting, watching professional Golf and playing cards.

Chris is a Universal Worker who joined the Glenwood Team in March 2011. She enjoys reading and listening to music. Her interests are football, dirt track racing and going for walks.



Resident Family Potluck

Glenwood Place
Retirement Community
2907 South 6th Street
Marshalltown, IA 50158



Snowman craft project.



Staff dressed up for Christmas
