

# ...Assisted Living at its Best!

## From the office of the Manager...

Welcome to the New Year month two! I hope 2011 treats you well. This year has already started out better for me and my family and we are looking forward to good health and good times. Glenwood Place is committed to continuous improvements and please give me your feedback if you have ideas or concerns. A couple areas I would like to highlight.

I have started to gather information, resources and education for the staff and families for a resource library to share with anyone who would like them. We have bought several books and videos for our staff to increase our skills and awareness to better serve our customers.

5 staff have already attended continuing education presentations aimed at educating ourselves on the best practices and ideas for working with seniors.

We are planning on offering computer classes for residents and staff to help stay connected to family and friends. Some examples are Face

book connections, video conferencing with families and friends and basic internet use for those interested.

For tax season I wanted to remind you that part of your cost for living at Glenwood Place may be tax deductible so talk to your financial advisor or ask Mike or Darci for information

For the veteran's, or spouses of veteran's, you may be eligible for Aid and Attendance financial support from the VA. The local contact is Ron Nauman and he can be contacted at 641-754-6335

I wanted to let you know that we try to accommodate individual food preferences as best we can but we cannot have specialized diets here at Glenwood Place. Also, if you have a specific preference we will do what we can to support you. If there is an item that only one person is asking for we can store and serve the item but will ask you to provide it. We can also bill you for the separate item if we purchase it for you. Thank you for your understanding.

**Sporting update...** The NFL Superbowl is February 6<sup>th</sup> and I hope you have a favorite team in the game. We will have the game on here with snacks so come join us. At the time of me writing this it was Chicago(Jessica's team) vs Green Bay in the NFC and Pittsburgh and New York Jets in the AFC. I would like to see the Packers and Steelers' in the final but every other prediction I made turned up wrong. I was hoping for the Vikings and the Colts to let you know how wrong I was!

Michael Cummings-Manager



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Roses are Red,  
Violets are  
blue.  
Who will be our



## Employee Of The Month—Pam Pilkington

We want to congratulate our February Employee of the month Pam Pilkington!! Pam is great in the kitchen and really does a great job here at Glenwood Place! Pam is a new grandma for the first time and it has been really neat to here about her adventures in babysitting! Pam you are truly one in a million! Thank you Pam for all that you do and congratulations on winning employee of the month!

From Pam: Thank you for voting me employee of the month. I have worked here for 8 plus years and I enjoy **everyday. I've lived here**

in Marshalltown since age one. I have twin daughters and now a new granddaughter Camilla Belle born Dec. 3 2010. She is now 7 weeks old and growing like a sprout. I enjoy babysitting her in my off time and bouncing her up & down which she loves and listening to music which we both love. I have a dog Sadie **Mae Rose. She doesn't know** what to think about Camilla but she watches over her. **We'll have lots of fun. Thank you again and I'm looking forward to the new year here at Glenwood.**



*Congratulations Pam Pilkington on being voted employee of the Month!*

### Resident Birthdays

**Mary Schnieder 4th**  
**Melvin Schooley 6th**  
**Floyd Herzog 27th**

**Happy Birthday to all of our Residents and Staff celebrating this month!**



### Vitals Clinic

Vitals Clinic will be Wednesday February 2nd at 9:00 in the Library. Just a reminder - Wear your pendant so that we may check them as well to ensure they are working properly.

*ALSO bring your emergency packet for us to update any Information!!*



## From the Chef - Aaron Kendall



Welcome to 2011. I am sure we are all hoping for a slightly better year than the last. We will have to wait and see. It sounds like we should expect more of the same... Rising prices on everything we use on a day to day basis with little growth in the economy and a continuing unstable housing market. As Iowans I am sure we will do the best we can with what we have.

Karen Minser has joined the Glenwood Place Kitchen Team. She has recently retired from the Vets Home here in Marshalltown after working there for the past 37 years. Her Husband also recently retired from the Vet's

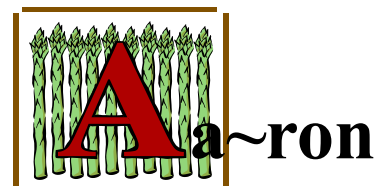
Home. They are the proud parents of 2 children and 6 grandchildren. Karen enjoys scrap booking and reading her collection of cook books in her spare time. She is a great lover of cats and has her hands full with the 5 cats she currently has. Welcome to the Glenwood Place Team Karen!!

Valentine's Day is just around the corner... we will be celebrating with our Closer Care residents on Tuesday February 15th... this is the first of four events specifically for Closer Care that we will host this year. We will be having a themed event just about every quarter to raise community awareness and promote participation from family and staff. These events will be held in the evening so we can accommodate family work schedules better. Our first event will be a Dessert Bar, and it sounds like our next event will have a Hawaiian theme. Please RSVP with Deb Tonya or myself as soon as possible if you plan to attend these events, as Closer Care is designed to be an intimate environment and we will need

a little extra time to plan.

I realize that most of you are enjoying the mild winter we have had so far, but I am ready for some real snow. The other day I took some of the kids sledding, my buddy showed up in his 2wd S-10 pick-up and had very little trouble following us around in the field. Now he thinks he can go anywhere I can. I enjoy being one of the few people that can still get around during a typical Iowa snow fall, but I have yet to put my truck to good use this year. There is still a lot of winter left... maybe I'll get my chance.

Have a safe winter!!



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## Scheduling transportation and leaving the building

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When you have a need for transportation here are a few things that you need to do to help us ensure that everyone gets to their destination on time with proper paperwork

1. As soon as you can, please inform a staff member of your appointment date, time, location, and if it is a medical appointment. It is very important that we get informed of your appointment time at least a 24 business hours prior to guarantee transportation availability.
2. The appointment calendar is at Darci's desk and that is how we keep track of the who and where so if you want to cut out the middle man you can inform Darci of you transportation needs.
3. We schedule shopping days, personal outings, and appointments for residents on Wednesday and Friday. These are the only two days of the week that we have a scheduled driver for the van. On these days Deb Randall drives the Van and can also do your shopping for you if you provide her with a list. If you need to get a list to her and she missed you please let a staff member know that you need shopping services.
4. One Monday, Tuesday, and Friday we provide People Rides for arranged transportation. This is of no cost to you. In order for us to arrange People Rides we need to have at least 24 hour notice. They are not open for the weekend so Monday appoints need to be made by Friday at 4:00.
5. If Deb is shopping for you can go about payment one of two ways. You can provide her with cash when she gets your list and when she delivers your needs she will give you back the change along with a receipt. Or you can get a shopping gift card and Deb can let you know when it is running low and time for a replacement. This can be done through residents or power of attorney if cash is not ideal for you.
6. Thank you for helping us maintain successful transportation here at Glenwood Place. Communication is really the key to success in this matter. Please know that we will always do our very best to get you where you need to go things just seem to run a little smoother with great communication and planning!

On the same topic we need to remind everyone on how important it is that you use the sign out book located at the front desk. It is so important that we know if someone has left the building, When someone does not sign out and are not in the building it is alarming and we have to begin elopement procedure. So please use the sign out book every time you leave or take a family member out of the building. Thank you for your cooperation in this matter.

# Valentine flower order form

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## Valentines flower order forms

### Return by February 4th

All flowers will be delivered on Valentines Day at lunch time. Please circle your flower of choice for each order. If you have multiple orders use another form

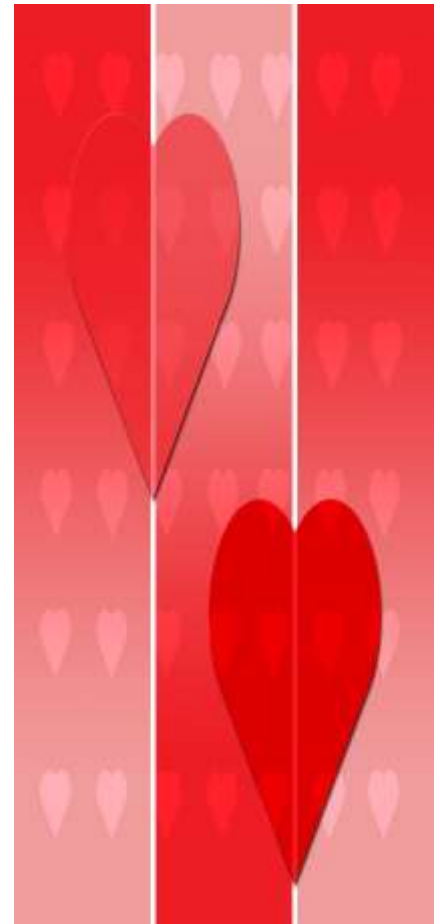
*Red Carnation total* \_\_\_\_\_ *\$1.00ea.*

*Red Rose total* \_\_\_\_\_ *\$5.00ea.*

Deliver \_\_\_\_\_ Rose/Carnation  
to \_\_\_\_\_ from \_\_\_\_\_

Deliver \_\_\_\_\_ Rose/Carnation  
to \_\_\_\_\_ from \_\_\_\_\_

Deliver \_\_\_\_\_ Rose/Carnation to  
to \_\_\_\_\_ from \_\_\_\_\_



*Total cost of order* \$ \_\_\_\_\_

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# Nurse's Notes-Tracy Bell RN

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What is the ISP and why is it important anyway? The ISP is the Individual Service Plan, and it is important because it tells the staff how you want to be cared for, and what your usual and customary behavior is. The ISP describes for the staff or universal workers how much independence you want and how much assistance you need.

Areas covered include bathing, dressing and undressing, shopping and transportation, code status, and where you want to go in case of a

storm. It also discusses your mobility, medication management and food preferences. Detailing to the universal workers what your desire is some are very general other areas are very specific.

The ISP is updated annually based on when you moved to Glenwood Place and whenever there is a change in your cognitive, functional or health status. I will come around and discuss with you if you are getting the care you feel you need and the way you want it. I all so discuss with the universal workers what they are doing for you, and how long it takes for the service to be performed. Based on the amount of time that is being spent with an individual there are service charges. By processing the charges Glenwood Place is able to balance the number of staff to the care provided.

The ISP must be signed when completed, and

the State of Iowa inspectors will look at the ISP and see that either the resident or the designated family member has signed. If the resident is not able to sign for themselves than I may call the family to stop by and sign or I may mail a sheet to be signed and mailed back. It is highly important that the ISP is signed.

Informal care conferences were held in November and that gave great insight too what individual residents want and what the family expects. Michael and I are planning to do another set of care conferences in the spring. Please do not wait until then if you have something you would like to talk to us about, good or bad. Thank you to all the families that was able to attend. Have a Happy New Year.

Tracy Bell RN

# Valentine King and Queen Voting

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**Please vote for a King and Queen for Valentines Day 2011! This is a fun event that has become tradition at Valentines Day and we need all to vote to make this the fun it has been in the past. Residents can fill out this ballot and give it to any staff member or simply slide it under the Activity office door. Family can return the form by mail or bring it into the building. Staff can fill out as well. We are not taking votes by phone this year so please make sure that you fill out a ballot. If you need extra there will be some available at the front greeting table. All votes must be in by the 12th of February. I have included a list of all of our residents to help you. One of the men and one of the women, please only vote for one from each list. All who receive votes will be included on court. Thank you and Good luck!**

\_\_\_\_ Fern Allen  
\_\_\_\_ Betty Butler  
\_\_\_\_ Minerva Millard  
\_\_\_\_ Zaida Haight  
\_\_\_\_ Be Kendall  
\_\_\_\_ Esther Riley  
\_\_\_\_ Hazel Jansen  
\_\_\_\_ Nellie Temple  
\_\_\_\_ Dorothy Kralik  
\_\_\_\_ Gladys Conrad  
\_\_\_\_ Helen Goecke  
\_\_\_\_ Shirley Gore  
\_\_\_\_ Clair Erickson  
\_\_\_\_ Leona Pooch  
\_\_\_\_ Lois Mason  
\_\_\_\_ Mary Schnieder  
\_\_\_\_ Inez Badger  
\_\_\_\_ Vivian Duncan  
\_\_\_\_ Neva Dunham  
\_\_\_\_ Shirley Ziegenbusch  
\_\_\_\_ Carol Squires  
\_\_\_\_ Ruth Garmon  
\_\_\_\_ Nira Loney  
\_\_\_\_ Charming Bennethum  
\_\_\_\_ Georgette Eaton  
\_\_\_\_ Darlene Orr  
\_\_\_\_ Celeste Persinger  
\_\_\_\_ Joyce Price  
\_\_\_\_ Marge Abood  
\_\_\_\_ Doris Jay

\_\_\_\_ Larry Westphal  
\_\_\_\_ Ken King  
\_\_\_\_ Virgil Haight  
\_\_\_\_ Melvin Schooley  
\_\_\_\_ Don Jansen  
\_\_\_\_ Don Krumm  
\_\_\_\_ Floyd Herzog  
\_\_\_\_ Ken Reinertson  
\_\_\_\_ Jim Burresh  
\_\_\_\_ Bill Buchwald  
\_\_\_\_ Jim Ziegenbusch  
\_\_\_\_ Frank Squires  
\_\_\_\_ Jerry Garmon  
\_\_\_\_ Hank Price  
\_\_\_\_ Benny Blink  
\_\_\_\_ John (Tiny) Jay

**King and Queen will be crowned on Valentines Day! There will be 2nd and 3rd place awarded as well!**





GLENWOOD PLACE RETIREMENT COMMUNITY

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*...Assisted Living at its Best!!*

Check us out on the web:  
[www.glenwoodplaceal.net](http://www.glenwoodplaceal.net)



**Congratulations to  
New Mommy  
Melisa Anderson with  
baby boy  
Andrew Howard An-  
derson!  
6 pounds 14 ounces  
19 and 1/4 inches**



