

...Assisted Living at its Best!

From the office of the Manager...

Greetings from the Managers' office—WHEW it's been a warm summer so far here in Marshalltown. We've been hanging out on the front porch here at Glenwood Place and trying to keep COOL! I cannot believe I am entering my 5th month here at Glenwood Place!

Recently in Marshalltown we were hit very hard with a severe thunderstorm and side line winds. We were lucky as Glenwood Place was only out of power for 8 hours, but many homes in town are still without power! I would like to thank staff for doing such a great job with the residents and building to insure everyone was safe, fed, cool, comfortable and happy!

You will be seeing several new staff members here at Glenwood Place. Megan McAdoo and Amber Williams are both new and each has a young son, as well as Clinton Sanford who is our new food service worker (cook) who boasts 7 children!



We will once again have our annual "Back to School" drive for our area children. Darci will have a box here at Glenwood Place for your donations. Items needed are crayons, glue, backpacks, markers, glue

sticks, pencils, tissue and whatever else you may want to donate. We will have this box available through the month of August.

As always my door is always open and stop by anytime.....

Pamela.

GLENWOOD PLACE RETIREMENT

Glenwood Gazette



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Glenwood Place updates and news

Sending out a big Thank You to our Glenwood Place Residents and Staff!

Your patients and understanding during the communities recovery of the summer storm of 2011 are greatly appreciated! The summer storm of 2011 will be forever remembered through out central Iowa for years to come. All of us here at Glenwood Place will remember how we all came together and made the best of our challenges. So whether you get to call Glenwood Place Home or Work, we should all be very proud of our Community for coming together as a family !

alz.org | alzheimer's association

The Alzheimer's support group is the second Thursday of every month. These meetings will be held at Glenwood Place in the Library at 6:pm If you have any questions or would even like to donate refreshments please call Jessica at (641) 752-8410 Thank You and word of mouth is very appreciated!

Resident Birthdays

**3rd Mary Lois Merryman
8th Helen Goecke
8th Virgil Haight**

**Happy Birthday
to all of our
Residents and
Staff
celebrating this
month!**



Vitals Clinic

Vitals Clinic will be Wednesday August 3rd at 9:00 am in the Tracy's office. Just a reminder - Wear your pendant so that we may check them as well to ensure they are working properly.

***ALSO bring your
emergency
packet for us to
update any
Information!!***



From the Chef - Aaron Kendall



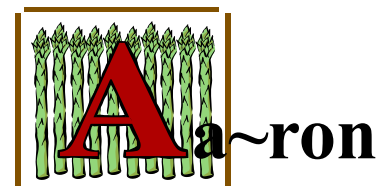
Ok, who forgot to turn off the furnace? Last I knew it was not supposed to get and stay this hot until State Fair time. I can not imagine what the fair will be like this year if it continues to be so unseasonable hot. I have heard that we have not had a heat wave like this for 20-30 years, I wonder when the last time it was this hot for this long during July. I would almost wel-

come a July snow storm like they had back in the day.

We have done pretty well here at Glenwood Place, all things considered. The storm we had a few weeks ago was fairly nice to us. We lost a fence and a few tree limbs but no one was hurt and no serious damage to the building. Our AC units have been working overtime but are holding up well. Cross your fingers in hopes that Mother Nature is done testing our resolve for the year. Fat Chance.

We are changing our policy regarding

guest meals... Due to increased food cost and guest meals, as of August 1st our new charges will be \$5 per plate for RSVP guest meals and \$8 per plate for non RSVP guest meals. These can be paid either at the time of the meal or charged to your room. We still request you RSVP at least 24 hours before you plan to join us for a meal. As before there will be no charge for guest meals during our events and Holiday meals.



Summer Word Search

Find and circle all of the summer words that are hidden in the grid. The remaining letters spell an additional summer item.

J U N E S T S S S S Y K S E U L B M
U S M E A U Y E O U H I K I N G S A
S M W E E A N L U B N W A S E Y R E
U T W I R R S G I C A B L N A R E R
N S H V M T C C L T E A U D T V L C
T Y U G I M Y S E A D B I R S S K E
A G L C I C I R N N S L R R N D N C
N R E U L F M N A U O S E A R G I I
O E A E J E R S G H S W E A B N R C
S E D A L B R E L L O R O S R I P R
C N A O F L O G T L T B T E E T S E
H G N I H S I F F A E O A E E A H C
O R C A M P I N G T W T H B Z O C C
O A C I N C I P A W A S P S E B A O
L S F L I E S K M O S Q U I T O E S
T S U G U A S I L L A B E S A B B O
G N I N E D R A G S U N S H I N E N

ANTS
AUGUST
BARBECUE
BASEBALL
BEACH
BEES
BICYCLE
BLUE SKY
BOATING
BREEZE
CAMPING

FISHING
FLIES
FLOWERS
GARDENING
GOLF
GREEN GRASS
HAT
HIKING
HOLIDAYS
HOT
ICE CREAM

JULY
JUNE
MOSQUITOES
NO SCHOOL
PICNIC
ROLLER BLADES
SANDALS
SKATEBOARD
SOCCER
SOLSTICE
SPRINKLERS

SUNBURN
SUNGLASSES
SUNSCREEN
SUNSHINE
SUNTAN
SWEAT
SWIMMING
U V RAYS
WASPS
WATER FIGHTS
WATERMELON

Iowa State Fair History

The internationally-acclaimed Iowa State Fair is the single largest event in the state of Iowa and one of the oldest and largest agricultural and industrial expositions in the country. Annually attracting more than a million people from all over the world, the Iowa State Fair in Des Moines is Iowa's great celebration, a salute to the state's best in agriculture, industry, entertainment and achievement. It is the true heartbeat of the Midwest, unequaled and unduplicated.

The Iowa State Fair, the inspiration for the original novel "State Fair" by Iowan Phil Stong, three motion pictures and Rodgers and Hammerstein's Broadway musical, is without a doubt the country's most famous state fair. National media frequently rank the Fair as one of the top events in the country. In 2004, USA Weekend named the event the #2 choice for summer fun in America, topping New York City's Times Square, Cedar Point Amusement Park Resort in Ohio and Disneyland in California.

Midwest Living magazine named the Fair one of the "Top 30 Things Every Midwesterner Should Experience." The Fair is also included in the New York Times best-selling travel book "1000 Places to See Before You Die" and the subsequent travel book, "1,000 Places to See in the U.S.A. and Canada Before you Die."

Iowa's fair is also known as "America's classic state fair" because the event features all of the traditional activities associated with state fairs in a park-like 400-acre setting (the Fair's home since 1886). The grounds and the adjoining 160 acres of Campgrounds are listed on the National Register of Historic Places. Most of the buildings pre-date World War I; many are priceless examples of American exposition-style architecture.

Throughout its history, the Fair has been a unique institution, serving to educate, inform and entertain people from all walks of life. It is an outstanding agricultural showplace, boasting one of the world's largest livestock shows. Also home to the largest arts show in the state, the Fair showcases visual and performing arts with a variety of special exhibits and activities.

Each year hundreds of manufacturers and industrial representatives clamor to rent coveted exhibit space. In addition to its tremendous growth in agriculture and industry, the Fair is also an entertainment mecca for Iowa and the Midwest.

Several ground stages feature more than \$400,000 worth of spectacular entertainment free with gate admission. Internationally-acclaimed performers and dynamic track events thrill thousands of fans in the Grandstand (Iowa's original outdoor concert venue). More than 600 exhibitors and concessionaires feature quality merchandise and tasty foods – more than 30 of them served "on-a-stick." Hundreds of displays, exhibitions, demonstrations, unique attractions and all kinds of competition – for fun, for ribbons and for the pride of being chosen best – make Iowa's Fair one of the biggest and best.

In 1881, historian James Wilson noted that, "One of the most valuable effects of the State Fair is the fraternizing, humanizing consequences of bringing our people together...No one meets and mingles with 20,000 Iowa men, women and children on the Fairgrounds - the only place they can be brought together - without growth of sympathy." Certainly this is even more relevant today, when the pace of modern life tends to isolate individuals even more from their neighbors



Nurse's Notes-Tracy Bell RN

August already?! It does not seem possible. My 5 year old (Madoline with the curly hair) will start Kindergarden and Lauren my 4 year old (with straight hair) will start pre-school. So we will have a busy month of school shopping, a trip to the zoo and a couple more times to the aquatic center before school starts.

Also in August I will be celebrating my 2 year anniversary at Glenwood Place. There have been several

changes in the community since coming on board in 2009. We have an expansion to the dining room, a privacy fence in the court yard and we are looking forward to building independent living town homes on the north side of the building. Those are just the physical changes that anyone can see. We have also had some wonderful new friends move into the community and we have lost several wonderful friends too.

Change makes life interesting! I look forward to seeing more changes during my third year at Glenwood Place. Thank you all for the support you give me, and for choosing to live at Glenwood and allowing myself and our dedicated team of Universal Workers care for you! You truly are "family".



Activities

Mark your calendars:

3rd at 9:00 Vitals Clinic

9th at 6:00 Alzheimer's support group

11th at 2:00 Cliff Hayes Band

13th at 6:30 Cowboy Jim

17th at 2:00 Communion

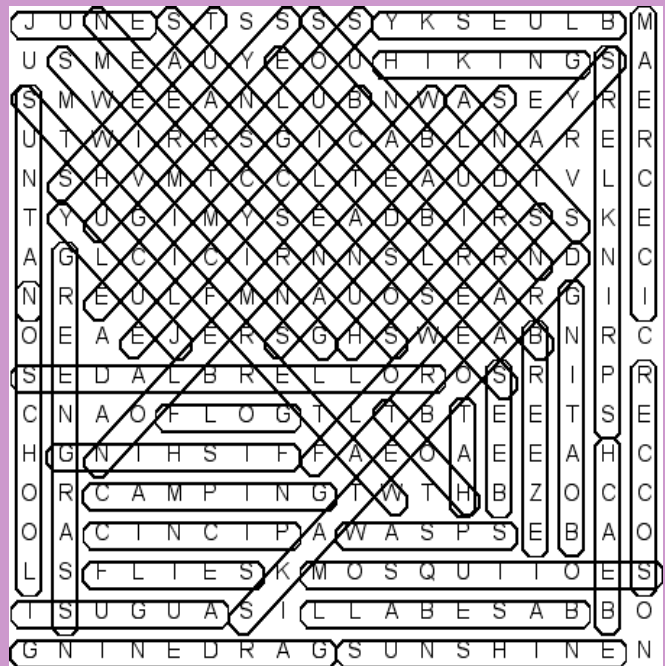
18th Chamber golf outing all day

At Elmwood Country Club

31st at 2:00 Judy Mehlert



This is the solution to the puzzle located [here](#).



The hidden message is: **SUMMER VACATION**



GLENWOOD PLACE RETIREMENT COMMUNITY

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...Assisted Living at its Best!!

Check us out on the web:
www.glenwoodplaceal.net



Iowa State Fair 2011

August 11—21st

Beat the heat and join the huge crowd for State Fair fun!!!

